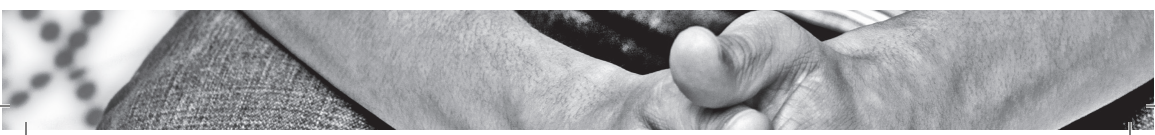




MENTAL HEALTH EXPERTS FOR IOWA'S KIDS

ORCHARD PLACE 2014 ANNUAL REPORT CARD





A MESSAGE FROM CEO ANNE STARR

We are proud to share the positive impact of our children's mental and behavioral health services in our 2014 Annual Report Card. The remarkable outcomes you will see throughout this report are a testament to Orchard Place's expert staff, the commitment of our community partners such as Des Moines Public Schools, Department of Human Services and United Way of Central Iowa, and the ongoing support we receive from our volunteer Board of Directors and our loyal donors. This report card is a reflection of our collective efforts throughout the year.

This year we've seen a significant increase in the number of youth and families served in our programs: a total of 9,830 youth compared to 7,845 youth in 2013, a 25% increase. Why is there a dramatic increase in the number of children and families seeking services? There are multiple contributing factors connected to the demand for mental health services.

- *The National Institute of Mental Health's most recent report shows the prevalence of emotional and behavioral disorders in youth is on the rise; 46% of youth will experience some form of emotional disturbance in their childhood, with **21% of all youth experiencing a severe disturbance during childhood.** Emotional and behavioral disorders present significant health risks for Iowa's children.*
- *In central Iowa, there are many organizations making concerted efforts to increase community awareness of children's emotional disorders and de-stigmatize those who seek mental health treatment. More children with needs are being identified and their families are seeking treatment.*
- *Orchard Place has expanded existing services and developed new services to improve the access to timely mental health care for children and their families, including our new Integrated Health Program, expansion of school-based therapy services, and expanded outreach in Latino communities.*

Orchard Place, after 128 years, continues to play a vital role in the health of children and families in central Iowa. We are committed to the highest quality services, delivered by experts in the field who are doing remarkable work in developing and ensuring strong futures for these vulnerable youth.

We salute the courageous children and families who take that difficult step to seek services and overcome barriers to achieve an improved quality of life.

Sincerely,

Anne Starr, MSW | Chief Executive Officer



THE MISSION OF ORCHARD PLACE

Orchard Place works with children, youth and their families who have mental health and behavioral challenges. By interceding early with appropriate care, we build stronger futures for our young clients.

To accomplish this goal, we operate Orchard Place/Child Guidance Center, an outpatient community mental health center for children, adolescents and their families; Orchard Place

Campus, a residential Psychiatric Medical Institute for Children; Orchard Place/PAGE Juvenile Center, our community-based division providing academic instruction, substance abuse treatment, skill-building services and Juvenile Court follow-up; and Orchard Place/Integrated Health Program, our care coordination division providing services to children with a severe emotional disturbance.

2014 IN REVIEW



VITAL STATISTICS IN 2014, ORCHARD PLACE:

- Provided care to 9,830 Iowa children and youth
- Employed 387 staff members and utilized the services of 434 volunteers
- Operated on a budget of \$24.3 million, supported by a diverse funding base
- Limited management and general expenses to only 7% of budget
- Accredited, audited and licensed by more than 10 entities, including the Joint Commission, meeting or exceeding more than 800 standards of operation, safety and management
- Benefited from the charitable support of a large network of individuals, groups, businesses and foundations



ORCHARD PLACE/ CHILD GUIDANCE CENTER

Children need a safe and nurturing family environment to achieve healthy development. Sometimes families find themselves with challenges that affect their ability to provide a stable and safe living situation. A variety of traumatic events, including natural or man-made disasters and family or community violence, have a profound impact on families, and often results in children acting out with negative behavior.

Understanding the immediate and long-term health consequences of adverse childhood experiences, Child Guidance Center clinical staff members work to alleviate the effect of parental and family stress and trauma on children's social and emotional development, behavior and well-being. With a welcoming environment, Child Guidance Center therapists engage the family in a strength-based treatment process that renews hope, resolves problems and improves resilience.

IN 2014, CHILD GUIDANCE CENTER:

- Provided care to **5,307** children and youth
- Conducted **61,055** outpatient treatment and psychiatric visits
- Provided **451** childhood mental health consultations for **49** early care and education programs
- Served **181** families through Functional Family Therapy. **89%** of those completing the program remained in their home or with family, and **87%** showed an improvement in family relationships
- Trained **2,947** professionals on the effect of trauma on children, families and organizations through the Trauma Informed Care Project. **95%** of participants responding reported an increase of their knowledge about the effects of trauma

OF THE CHILDREN COMPLETING TREATMENT:

- **91%** receiving outpatient mental health services stabilized or improved overall functioning
- **93%** of those age 6-18 receiving outpatient mental health services reduced their risk of harming themselves or others, and **89%** stabilized or improved their behavior and their ability to function appropriately

THROUGH THE CHILD CARE RESOURCE AND REFERRAL PROGRAM:

- Families were provided information on choosing quality child care through **4,606** referrals to various child care programs
- **2,402** on-site consultations were completed for child care programs
- Child care programs contacted the Child Care Resources and Referral program **2,100** times for technical assistance sessions
- **8,447** child care providers attended Child Care Resources and Referral trainings

**HAVE YOU REMEMBERED THE CHILDREN OF ORCHARD
PLACE IN YOUR WILL OR OTHER ESTATE PLANS?**

CONTACT US AT 515-287-9648 WITH QUESTIONS.

**IN 2014, ORCHARD PLACE CAMPUS
HELPED 254 CHILDREN. THE AVERAGE
LENGTH OF STAY WAS 8.8 MONTHS.**

ORCHARD PLACE CAMPUS

When a child or adolescent's problems require more than outpatient treatment, he or she may be referred to Orchard Place Campus, home to our Psychiatric Medical Institute for Children, a temporary residence program of intensive treatment and supervision. Orchard Place Campus seeks to meet all of our clients' needs with individualized treatment, including services from master-level therapists, agency-trained bachelor-level milieu treatment counselors, psychiatrists, a psychologist, a pediatrician, 24-hour-a-day nursing staff, a recreational therapist and a dietician.

Treatment includes skills training, individual and family therapy, recreational therapy activities, alcohol and drug prevention education, substance abuse evaluation and treatment, and regular school attendance at our accredited school for general and special education students.

The goal is to minimize the disruption to children's lives during treatment, getting them better and back to their families, friends and schools as quickly as possible.

OF THE STUDENTS WHO RESIDED AT ORCHARD PLACE CAMPUS FOR 90 OR MORE DAYS:

- 79% of elementary students improved in math and 86% improved in reading
- 89% of middle school students improved in math and 73% improved in reading
- 83% of high school students improved in math and 80% improved in reading

THIS YEAR AT ORCHARD PLACE CAMPUS:

- 90% of discharged youth stabilized or increased ratings of emotional health from the initial assessment to the follow-up assessment
- 91% of discharged youth improved overall functioning
- 96% of youth discharged moved to a lower level of care



ORCHARD PLACE/ PACE JUVENILE CENTER

Orchard Place/PACE Juvenile Center is our community-based operating division, providing skill-building services for a diverse population of youth and families struggling with mental health and/or substance abuse issues. PACE works to enhance the services of mental health professionals, educators and the Juvenile Court/Department of Human Services by collaborating with care providers and families to alleviate behavioral issues and promote accountability. We help youth and families develop skills that improve functioning and relationships by working as partners with our mental health professionals at Orchard Place's Child Guidance Center and others in the community.

PACE also provides outpatient substance abuse services and alcohol diversion / education classes for youth struggling with abuse or misuse of substances. Assessments, group and individual therapy, and interventions provide alternatives to help stop destructive patterns of behavior. PACE provides outreach services to the Latino community by helping families access necessary resources, supports and mental health services. PACE's Enrichment program strives to promote literacy and provides children access to arts, sciences and culture. Through community partnerships, the Enrichment program offers social learning opportunities youth may not have in a more traditional setting.

**IN 2014, PACE JUVENILE CENTER
SERVED 2,900 YOUTH AND FAMILIES.**

THIS YEAR AT ORCHARD PLACE/PACE

- 91% of the youth served remained in their home or community
- 97% were in school or had graduated at the time of their discharge
- PACE has school-based liaisons in six area high schools, working on behalf of Juvenile Court Services and the Des Moines Public Schools
- 571 youth received skill-building services from PACE case managers, working in conjunction with their therapists
- 226 youth received substance abuse services during the year and 38 attended substance abuse educational classes
- 122 youth participated in after-school and summer enrichment programming including cultural, educational, and recreational activities



ORCHARD PLACE/ INTEGRATED HEALTH PROGRAM

Our new Integrated Health Program (IHP) helps children facing behavioral and emotional challenges to be successful at home, in school and in the community.

The IHP team works alongside families to develop whole health goals for their child that focus on their physical, emotional and social well-being. Each family has a care team that consists of a care coordinator, nurse care manager and family peer support specialist, who work together as one team to ensure services are well matched for each child.

On behalf of each enrolled family, IHP bridges services across multiple providers, creating less fragmented and more integrated care for children. This service coordination provides families more voice in the delivery of formal and informal support for their child.

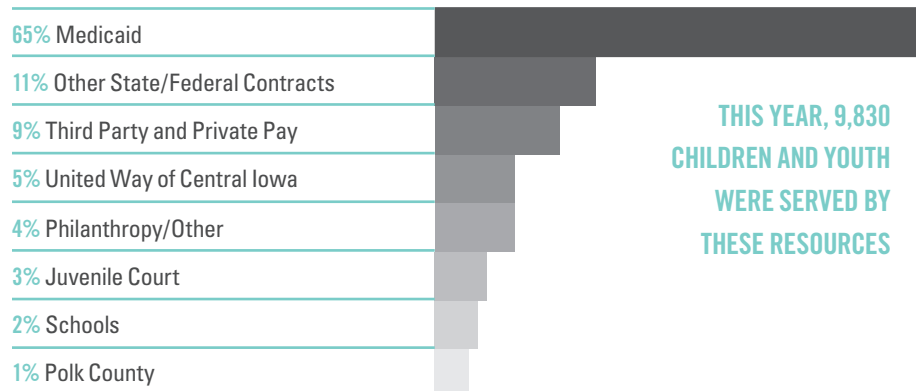
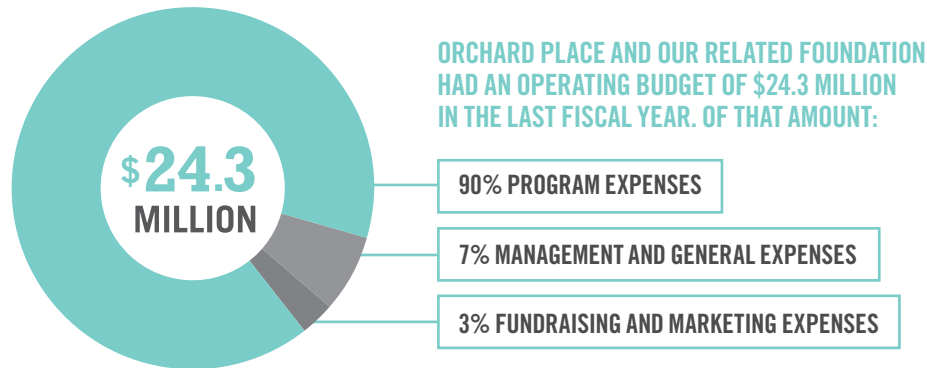
THIS YEAR AT ORCHARD PLACE/IHP

- Provided care coordination services to **1,369** youth and families, including both Medicaid and non-Medicaid clients, through our partnership with Magellan Health Services and the Department of Human Services
- Included a diverse team of care coordinators, family peer support specialists and nurse care managers
- Tracked key indicators for clients, including body mass index (BMI), follow-up to hospital discharges, follow-up to ADHD diagnoses, and attendance at annual doctor's appointments, then used this information to help plan care coordination services
- Of the clients responding to our survey, 88% were satisfied with the services they received from our Integrated Health Program

SURVEY RESULTS & FINANCIALS

HERE'S HOW 2,042 PARENTS AND CHILDREN PARTICIPATING IN OUR TREATMENT PROGRAMS RESPONDED IN OUR LATEST SURVEY:

- 91% agreed with the statement "I AM SATISFIED WITH THE SERVICES I RECEIVED."
- 93% agreed with "I FELT COMFORTABLE CALLING WITH QUESTIONS AND CONCERNS."
- 92% agreed with "I RECEIVED SERVICES THAT WERE HELPFUL."
- 95% agreed with "STAFF PROVIDED A SAFE ENVIRONMENT."
- 94% agreed with "I WAS TREATED WITH RESPECT."



THIS YEAR, 9,830 CHILDREN AND YOUTH WERE SERVED BY THESE RESOURCES

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 CHIEF FINANCIAL OFFICER Val Saltsgaver, CPA
 VICE PRESIDENT, Development Nancy Bobo, CFRE
 VICE PRESIDENT, Orchard Place/Child Guidance Center Nicole Beaman, LISW
 VICE PRESIDENT, Orchard Place/PACE Juvenile Center Mark Cowan, LISW
 VICE PRESIDENT, Orchard Place Campus Amber Rand, LMHC, IAADC
 VICE PRESIDENT, Orchard Place/Integrated Health Program Sonni Vierling, MA

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ORCHARDPLACE.ORG

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